**Siobhan Fitzgerald Grice**

Email: freshstart.grice@gmail.com Website: [www.siobhangrice.com](http://www.siobhangrice.com)

**Personal Statement**

As a qualified Secondary School Teacher of Art & Design I have taught in schools since 2007 in Bridgend Borough, Rhondda Cynnon Taf, Vale of Glamorgan, Neath & Port Talbot and South Glam on a short and long-term basis. I have also taught in Primary Schools and Special Schools. I am very experienced in managing my time and know how to prioritise my workload. I am confident to talk in front of an audience and can deliver lessons and workshops effectively to both adults and children. I am confident and professional to work colleagues and a good communicator. As a professional Artist I have a vast experience working with various groups and organisations so understand what is required to deliver a professional result on time.

**Education**

UWIC, PGCE Secondary Art & Design M-Level 2007

UWIC - M.A. Fine Art Credit 1998

Coleg Glan Hafren – F.E. & Adult Ed Teachers Certificate Credit 1997

Swansea University – Teaching English as a Foreign Language Credit 1991

Staffordshire University - B.A. Hons Fine Art Degree 2:1 1990

Liverpool University – Foundation Diploma in Art & Design Credit 1986

Porthcawl Comprehensive School – 1985

'A' Levels: Art & Design B; Theatrical Studies C; Home Economics -Textiles D.

'O' Levels: Art - A; Drama - A; Fashion &Textiles- A; Human 1983 Biology - A; 1983 Biology- B; English Language - B; French - C; Maths - C; English Literature - C

**Training Courses**

Team Leading and Management Course Level 2 – Chwarae Teg 2011

Neuro Linguistic Programming Practitioner Cert– Richard Bandler Accredited 2009

Business & Marketing Training with Business in Focus 2009

Child protection awareness course & certificate; Crisis intervention & prevention; Behaviour management; Assessment for learning; Bridgend talk strategy; Epilepsy awareness training; Classroom monitor. – Ysgol Bryn Castell Special School 2008 Accountancy & Sage Accounts Level 1 - Bridgend College 2005-06

Computer graphics and internet skills Level 3 – Bridgend College 2005-06

Web page design & production OCN Level 3 - Bridgend College 2005-06

DTP Application Level 2; Design & authoring a www site level 3 – B.C. 2004-05

**Self-Employment & Employment**

**FreshstART** – Company Director April 2009-November 20

FreshstART is a creative arts and wellbeing company which specialises in helping people activate change in their lives through the arts and to improve wellbeing. Artworks are also sold which I produce. I manage projects with community organisations such as Sustainable Wales Charity, Care Homes and individual clients who need a mentor or life coach. I run training events for companies such as GOFAL for Health and Wellbeing such as a beach art wellbeing day on Coney Beach. I also go into Primary and Secondary Schools to do projects such as Transition, Environmental Art and Wellbeing, e.g. willow domes and carnival arts. I have also been an Art Development Worker for an Arts & Craft Trail along with a Feasibility Study for this to happen. There is a celebratory nature to my work and the ethos of connecting people with nature, teamwork to improve mental health and building useful life skills to gain confidence in the World.

I focus on developing life-enhancing and creative skills to people who need help overcoming personal difficulties such as mental health issues and low self-esteem. My aim is always self-empowerment through thecreative process.

**Artist in the NHS**

Talking Tree – working with mental health patients and staff in a participatory art sculpture with the NHS to create a Tree which incorporated stories from participants of their stories during lockdown. August 2020

Wellbeing Tree Mural with the NHS at The Royal Glamorgan Hospital July 2020

**Artist in Schools**

Transition Project Porthcawl Primary School & Porthcawl Comp 2011

Nottage Primary, Willow Dome Project 2011

Groundwork Trust – Millennium Tile Project 1999

I went into all Primary schools in Bridgend County Boroug with a team of Artists led by Dilys Jackson to facilitate children to carve a clay tile to be make into a large Mural.

**Apollo Teaching Services Ltd** Sept 07 – Sept 20 Tel: 01656 729988 Email: danielle@apolloteaching.com

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| Longer term teaching jobs include: Ferndale Comprehensive 2020Llantwit Major Comp – D.T. & Art 2019-20 CCYD – Design Technology 2019-20 Porthcawl Comp – Textiles, Food Tech and Art 2016 CCYD- Maths and Vocational Skills, Welsh Baccalaureate 2014-15 Bryntirion Comp – Art 2012 Maesteg Comp - Photography & Art 2010Ysgol Bryn Castell-Art & Duke of Edinburgh 2007-08 |

**Personal Interests**

I have always been an active member of the community on a professional and voluntary basis i.e. Sustainable Wales. I am keen to improve the environment.

I enjoy the outdoors through hiking, swimming, photography and cycling. I like dance, yoga, meditation and I am interested in personal development and spiritual growth.

**References**

Mrs T. Wellington - Headteacher Ms E. George – Arts Coordinator for NHS

Coleg Cymunedol Y Dderwen 22, Mafeking Road

Heol Yr Ysgol, CF32 9EL Cardiff, CF23 5DQ

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